

STUDENT UNION: AFTER-SCHOOL RECREATION FOR MIDDLE SCHOOL STUDENTS

The City's After-School Recreation programs promote positive youth development and help support the needs of families in Dublin. Student Union programs are held at Fallon and Wells Middle Schools in Dublin. Programs run daily from dismissal until 5:45 PM, including minimum days. **Please note:** Student Union does not operate on school holidays.

These programs include a variety of group and individual activities and indoor/outdoor games. Each school site also has a **dedicated, credentialed teacher** to assist students with their homework assignments each day.

**After School until 5:45 PM
Monday to Friday**

Registration for Session III of the 2015-2016 school year is as follows:

**Priority Registration—2/16 at 8 AM
Dublin Residents—3/1 at 8 AM
Non-Residents—3/8 at 8 AM**

Session III: 3/14 – 6/10

Payment Options

Full-Session Pass purchase allows unlimited attendance within the session purchased
\$425 Resident/\$510 Non-Resident

20-Day Pass purchase allows 20 visits within the school year; no refunds
\$215 Resident/\$255 Non-Resident

Middle School Student Union is a popular program that fills quickly, so please register early.

Spring 2016

| | FALLON | WELLS |
|------------------------|--------|-------|
| Session III: 3/14-6/10 | 40737 | 40736 |
| 20-Day Pass | 38863 | 38862 |

DANCE

Hip Hop Dance for Children and Tweens

Do you want to dance like your favorite hip-hop stars? Join the fun as we learn the street-style dance made popular by music videos. Classes help dancers loosen up, develop rhythm, and control isolated movements. All music and movement is age-appropriate. Hip-hop classes are for students who want to have serious fun while learning all the latest moves.

8 Classes Instructor: Castro Valley Performing Arts

9 - 13 Years \$66 Res/\$79 Non-Res

Dublin Senior Center

Mon 2/22-4/18 7:15-8:15 PM Activity #40161

Irish Dance: Teens/Adults

Beginner and intermediate level dancers will learn a variety of soft and hard shoe dances, as well as group dances. Traditional 'set dances' will also be taught. A recital will be held on the last night of class. Beginning students do not need Irish Dance shoes.

6 Classes Instructor: Valerie Deam

13 Years+ \$55 Res/\$66 Non-Res

Heritage Park & Museums

Thu 2/18-3/31* 8:00-9:00 PM Activity #40471

Thu 4/14-5/19 8:00-9:00 PM Activity #40472

*no class 3/10

MUSIC

Guitar & Bass I

Beginning guitar and bass students learn fundamentals of technique, rhythm, and music notation, as well as songs in various styles. Bring an acoustic or electric guitar with amplifier.

6 Classes Instructor: Marvin Ibe

8 - 15 Years \$99 Res/\$119 Non-Res; plus \$20 materials fee

Ingram & Brauns Studio

Mon 2/22-3/28 3:40-4:35 PM Activity #40218

Mon 4/11-5/16 3:40-4:35 PM Activity #40219

Beginning Violin

Viola, cello and double bass are welcome, too, in this small ensemble setting, where violin beginners can learn the basics of playing a string instrument. Learn plucking, bowing, technique, and how to play in a group. Bring your own instrument, and required texts, Suzuki Volume 1 and Essential Elements Volume 1.

6 Classes Instructor: Marvin Ibe

8 - 15 Years \$99 Res/\$119 Non-Res

Ingram & Brauns Studio

Mon 2/22-3/28 4:40-5:35 PM Activity #40220

Mon 4/11-5/16 4:40-5:35 PM Activity #40232

Teens...be sure to check out the **ADULT** section for many more dance, art, special interest, martial arts, fitness and sports classes!

TEENS
13 to 17 years

ENRICHMENT

Child and Babysitting Safety

Babysitting is not just "watching" children, but being responsible for their safety and well-being. This course will focus on setting up a babysitting business, safety and emergency response, diapering, playtime, bedtime, interacting with parents and more.

1 Class Instructor: American Safety Academy

12 - 17 Years \$50 Res/\$60 Non-Res

American Safety Academy

Sat 3/5 10:00 AM-2:30 PM Activity #40425

Sun 4/24 1:00 PM-5:30 PM Activity #40426

Video Game Design: Advanced Skills

Game developers will work with a partner, at their same experience level, to design and build their own original computer game using Multimedia Fusion 2 software. This software allows more advanced students to use simple logic statements to program their games, instead of long, intricate code-writing. Advanced developers will program a platform game, creating a theme and designing their own artwork.

5 Classes Instructor: Freshi Films

8 - 13 Years \$130 Res/\$156 Non-Res

Shannon Community Center

Wed 4/6-5/4 3:45-5:45 PM Activity #40522

MARTIAL ARTS

NEW! Intro to Brazilian Jiu-Jitsu

Learn the basics of Brazilian Jiu-Jitsu in a structured and fun environment. Students will learn pace moves of wrestling on the ground, while practicing basic Jiu-Jitsu moves. Instructors teach ground defense and self-defense moves without striking. This is a class for all levels with the instructor encouraging students to improve their fitness, confidence, and grappling skills. Uniform required and is available for purchase for \$30 at the first class.

8 Classes Instructor: Ralph Gracie Jiu-Jitsu

5 - 14 Years \$179 Res/\$215 Non-Res

Ralph Gracie Jiu-Jitsu

Wed 2/24-4/13 5:00-5:55 PM Activity #40465

NEW! Traditional Japanese Karate

Train in the traditional Japanese-style karate, Shito Ryu, with a family-owned Dojo that puts the focus building confidence, living honorably, and learning effective self-defense. Classes feature run and challenge drills. Participants can earn a certified Black Belt in this program.

4 Classes Instructor: Dan Reddell

5 - 14 Years \$40 Res/\$48 Non-Res

Dublin Senior Center

Fri 2/19-3/11 5:00-6:00 PM Activity #40463

Fri 3/18-4/8 5:00-6:00 PM Activity #40542

Fri 4/15-5/6 5:00-6:00 PM Activity #40543

Karate

Train in the Korean martial art of Tang Soo Do.

9 Classes Instructor: Robert Berger

Beginning

Participants will develop respect, discipline, and coordination. Students will learn the basic blocks, punches, kicks, patterns and sparring techniques of Tang Soo Do.

7 - 14 Years \$54 Res/\$65 Non-Res

Dublin Public Library

Mon 2/22-5/2* 5:45-6:30 PM Activity #40181

*no class 3/14, 3/28

Advanced

Karate students at purple belt level or higher will learn advanced blocking, striking and kicking techniques. Students will advance through the colored belt ranks while learning balance, fluidity, speed, power, and control while performing forms and drills. Karate attire required.

7 - 14 Years \$54 Res/\$65 Non-Res

Dublin Public Library

Mon 2/22-5/2* 6:30-7:30 PM Activity #40183

*no class 3/14, 3/28

DUBLIN LEAD

LEADERSHIP SKILLS, JOB EXPERIENCE AND PERSONAL DEVELOPMENT

The Dublin LEAD program is open to teens entering seventh grade or higher. Participants will have the opportunity to assist City of Dublin staff members during summer camp and swim lesson times throughout the summer. They will receive training in various job related skills including: resume writing, job search techniques, and interview skills for recreation professionals. Additional topics will include how to lead an activity, how to engage participants, water safety skills, playground and park safety, and supervising camp participants. Participants are encouraged to assist with recreational program for at least two weeks in the summer. More information about the LEAD program is available online at www.Dublin.ca.gov.



TEENS
13 to 17 years

NEW! Intro to Muay Thai

In this introduction to the sport of Muay Thai, or Thai kick boxing, students learn basic kicks, punches, and defense moves in a noncompetitive and friendly environment. Students learn at their own pace with encouragement from the instructor to improve their health, skills, and confidence. Standard boxing gloves and hand wraps are required.

8 Classes Instructor: Ralph Gracie Jiu-Jitsu

15 Years+ \$179 Res/\$215 Non-Res

Ralph Gracie Jiu-Jitsu

Mon 2/22-4/11 6:00-6:55 PM Activity #40466

Krav Maga

Krav Maga is a self-defense program that uses fitness, boxing, kicks, weapons defense, ground defense and other mixed systems. Focus changes weekly, and the rotating curriculum keeps things moving and the students stimulated with a variety of material. We recommend that students be in good physical condition prior to enrollment. Martial Arts America Krav Maga gloves are required and cost \$49.

12 Classes Instructor: Martial Arts America

15 - 50 Years \$169 Res/\$203 Non-Res

Martial Arts America

Thu 2/18-5/5 7:45-8:30 PM Activity #40409

Sat 2/20-5/7 9:00-10:00 AM Activity #40408

TUMBLING & GYMNASTICS

Beginning Gymnastics

Learn the basics of this Olympic sport. Students will leave each class with the proper techniques to performing these skills confidently.

13 Classes Instructor: Edge Gymnastics

Boys

Learn to vault, pommel horse, rings, floor, parallel bars and high bar.

6 - 17 Years \$220 Res/\$264 Non-Res

Edge Gymnastics

Mon 2/15-5/9 2:30-3:30 PM Activity #40211

Girls

Learn to vault, uneven parallel bars, balance beam, and floor exercises.

6 - 17 Years \$220 Res/\$264 Non-Res

Edge Gymnastics

Mon 2/15-5/9 2:30-3:30 PM Activity #40209

Tue 2/16-5/10 2:30-3:30 PM Activity #40210

Beginning Tumbling

This class will provide your child with the proper techniques to tumble. This acrobatic discipline is often used in other sports such as cheerleading and diving. Students will learn basic skills including cartwheels, handstands, rolls and progressions for round-offs. Learn how to do tumbling and back hand springs on our in-ground and above-ground Tumble-Tracks.

13 Classes Instructor: Edge Gymnastics

6 - 17 Years \$220 Res/\$264 Non-Res

Edge Gymnastics

Tue 2/16-5/10 2:30-3:30 PM Activity #40212

SPORTS

Core Girls Volleyball Program

The Core Girls Volleyball program is open to girls ages 8-14. Highly trained and experienced staff will teach the fundamentals using philosophies from Gold Medal Squared and USA Volleyball. This program is a great introduction to the world of club volleyball. For the more experienced players, staff will continue to emphasize fundamentals, and add advanced volleyball techniques with a heavy concentration on footwork and arm swing. Players will be placed on teams based on age, and skill level. Teams will train twice weekly during this six week program. The registration fee includes a T-shirt for each participant.

12 Practices Instructor: Jack Cowden, Dominican College & USA Volleyball High Performance Coach

8 - 13 Years \$249 Res/\$299 Non-Res

Core Performance

Tue, Thu 2/23-3/31 4:00-5:30 PM Activity #40692

Tue, Thu 4/12-5/19 4:00-5:30 PM Activity #40693

Junior Golf School

Golf continues to be one of the hottest youth sports trends and often becomes a lifetime sport! This friendly introductory class is open to all skill levels. Basic full swing fundamentals and short game skills (chipping and putting) will be taught, as well as golf rules and golf etiquette. Bring your own clubs if possible; however, loaner clubs are available if needed. Students must wear golf or tennis shoes.

5 Classes Instructor: Dublin Ranch Golf Course

7 - 17 Years \$114 Res/\$137 Non-Res

Dublin Ranch Golf Course

Thu 4/14-5/12 4:00 PM-5:00 PM Activity #40571

Sat 4/16-5/14 10:15 AM-11:15 AM Activity #40572

Sat 4/16-5/14 11:30 AM-12:30 PM Activity #40573

Sun 4/17-5/15 10:00 AM-11:00 AM Activity #40574

Thu 5/19-6/16 5:00 PM-6:00 PM Activity #40578

Sat 5/21-6/18 10:15 AM-11:15 AM Activity #40579

Sat 5/21-6/18 11:30 AM-12:30 PM Activity #40580

Sun 5/22-6/19 10:00 AM-11:00 AM Activity #40581



Tennis Tournament Groups

Lessons focus on preparing players to compete in USTA tournament play. Instructor/student ratio for Tournament Groups is 1:6.

6 Classes Instructor: Arora Tennis

Novice

Lessons focus on stronger stroke production and point development for Novice level USTA tournament play. **Prerequisite:** Quick Start Green Intermediate.

7 - 15 Years \$188 Res/\$226 Non-Res

Fallon Sports Park

Sat 2/27-4/2 1:00-2:30 PM Activity #40641

Wed 3/2-4/13* 4:30-6:00 PM Activity #40637

Fri 3/4-4/15 4:30-6:00 PM Activity #40639

Sat 4/16-5/21 1:00-2:30 PM Activity #40642

Wed 4/27-6/1 4:30-6:00 PM Activity #40638

Fri 4/29-6/3 4:30-6:00 PM Activity #40640

*no class 4/6

Challenger

Lessons focus on point play and shot strategy; participants should already possess solid strokes. For players ready to compete in Challenger level USTA tournament play. **Prerequisite:** Novice Tournament Group.

7 - 18 Years \$239 Res/\$287 Non-Res

Fallon Sports Park

Mon 2/29-4/11* 6:00-8:00 PM Activity #40647

*no class 4/4

Wed 3/2-4/13* 6:00-8:00 PM Activity #40649

*no class 4/6

Mon 4/25-6/6* 6:00-8:00 PM Activity #40648

*no class 5/30

Wed 4/27-6/1 6:00-8:00 PM Activity #40650

Open

Lessons focus on high-level competition with an emphasis on conditioning. For those players ready to compete in Open level USTA tournament play. **Prerequisite:** Challenger Tournament Group.

7 - 18 Years \$239 Res/\$287 Non-Res

Fallon Sports Park

Tue 3/1-4/12* 6:00-8:00 PM Activity #40643

*no class 4/5

Thu 3/3-4/14* 6:00-8:00 PM Activity #40645

*no class 4/7

Tue 4/26-5/31 6:00-8:00 PM Activity #40644

Thu 4/28-6/2 6:00-8:00 PM Activity #40646

Championship

Lessons focus on very high-level competition with a strong emphasis on conditioning. For players ready to compete in Championship level USTA tournament play. **Prerequisite:** Open Tournament Group.

7 - 18 Years \$239 Res/\$287 Non-Res

Emerald Glen Park

Mon 2/29-4/11* 6:00-8:00 PM Activity #40651

*no class 4/4

Wed 3/2-4/13* 6:00-8:00 PM Activity #40653

*no class 4/6

Mon 4/25-6/6* 6:00-8:00 PM Activity #40652

*no class 5/30

Wed 4/27-6/1 6:00-8:00 PM Activity #40654



LOOKING FOR A SUMMER JOB? JOIN OUR TEAM!

The City of Dublin Parks and Community Services Department (P&CS) offers a rewarding working environment and can provide an excellent opportunity for work experience. P&CS offers:

Flexible Hours • Excellent Wages
Professional Development and Training
Opportunities • Advancement Opportunities

| TITLE | HOURLY PAY RANGES* |
|--|--------------------|
| Lifeguard/Swim Instructor I | \$12.00 - \$16.80 |
| Lifeguard/Swim Instructor II | \$14.40 - \$20.15 |
| Recreation Leader/ Facility Attendant I | \$10.00 - \$14.00 |
| Recreation Leader/ Facility Attendant II | \$12.00 - \$16.80 |
| Senior Recreation Leader/ Senior Facility Attendant | \$14.40 - \$20.15 |
| Customer Service Assistant I | \$16.00 - \$22.40 |
| Customer Services Assistant II | \$19.20 - \$26.88 |

* Actual placement within range depends on your experience

APPLY TODAY!

See complete job descriptions for full details and qualifications. Job descriptions and applications can be found at CalOpps.org. Search Member Agencies for City of Dublin, or for more information, call (925) 833-6645, or email glentheguide@dublin.ca.gov.

TEENS
13 to 17 years